

# Baseline Assessment of the Health Vulnerability of Inbound and Outbound Migrants in Nepal

April 2013— July 2014



A multi-country study to understand the health-migration relations in South Asia

## Project Objectives:

- To assess migration health vulnerabilities of departing and returnee migrants
- To determine availability and accessibility of health services, quality of health services, and barriers to accessing health services among migrants in their source and destinations countries
- To provide recommendations to the government and other stakeholders to support policy development on health aspects of migration

## Team Members:

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## Project Summary

This study titled 'Baseline Assessment of the Health Vulnerabilities of Departing and Returnee Migrants' carried out by Health Research and Social Development Forum (HERD) with the support of International Organization for Migration (IOM) Nepal is part of the IOM project, 'Strengthening Government's Capacity of Selected South Asian Countries to address the Health of Migrants through a multi-sector approach'. This study aims to understand the health vulnerabilities of departing and returnee migrants in order to inform policy and programme development on health aspects of migration in South Asia.

## Project Activities:

- Participation in MTOT in Bangladesh: Master Training of Trainers (MTOT) was organized in Bangladesh to discuss on the sampling process and tools for the study.
- Pre-testing of tools: The research team at HERD translated and pre-tested the tools sent by the regional team from Bangladesh.
- The feedback was sent to the team for revision of tools.
- Training of field researchers: A 3 day training for team of field researchers was organized at

HERD. The training focused on the conceptual ideas of migrants, study sites, sample sizes and tools for data collection.

- Field work: Data collection took place from September 11-27<sup>th</sup>, 2013 in four districts, i.e. Kathmandu, Pyuthan, Jhapa and Nawalparasi among the departing and returnee migrant workers.
- Data analysis and Report writing: There were back and forth communication between the IOM's regional team and HERD's research team about the framework of analysis and report writing phase.
- National Validation Workshop: IOM organized a national validation workshop on 9<sup>th</sup> July, 2014 where the major findings from the study were presented.



Dr. Sushil Baral, presenting his major findings from the National Validation Workshop



Field Researchers during the training organised in HERD Office